

FEATURED AUTHOR

Jackie Humans, author of
15 Ways to ZAP a Bully!



About the Book

When bullies are unable to upset their targets it takes the fun out of bullying. *15 Ways to ZAP a Bully!* illustrates simple techniques, such as how to find a buddy to hang out with, and how to make ignoring the bully easier, and progressing to more sophisticated techniques using humor and/or snappy comebacks, because having lots of options helps the targets of bullying to feel more confident. Lastly, it outlines the 5 W's of reporting bullying in order to maximize credibility. The last W may surprise you!

"15 Ways to ZAP a Bully!" is a terrific book for teaching kids how to successfully handle verbal bullying. The techniques really work, and the illustrations make it easy for kids to visualize and practice."

—Izzy Kalman, Nationally Certified School Psychologist,
Director, Bullies to Buddies, Inc.

About the Author

Jackie Humans knows firsthand what it's like to have a young child become the target of bullies and feel helpless to stop the bullying (her only child has Asperger Syndrome). Helping kids empower themselves is now her life's mission.

Excerpt

Keeping a journal of the times you've been bullied will help you seem more believable. Remember to use the 5 W's...