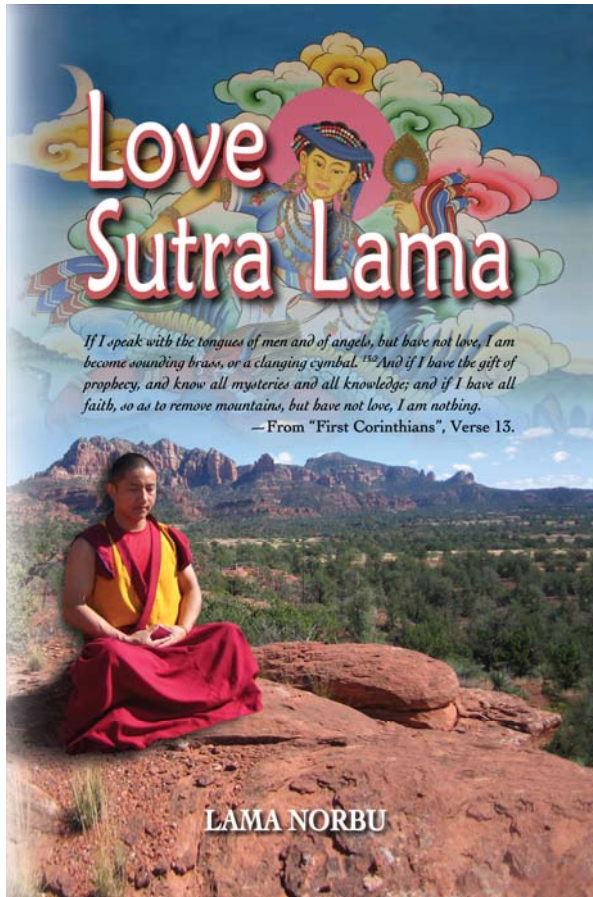


FEATURED AUTHOR

Lama Norbu, author of
Love Sutra Lama



About the Book

Lama Norbu is a warm-hearted, open, and honest spiritual practitioner. With a stroke of Manjusri's sword he has opened his chest, revealing his heart to us and sharing his life experience. The result is this classical tale of love. He is compassionate and has unconditional love for all beings. He believes that love from the heart will always receive a response from one's surroundings. Lama Norbu, who resides in the U.S.A., hopes everyone who reads this book can examine their lives and awaken to their own "Love Sutra." "Practice at ease and happily attain Buddhahood" is Lama Norbu's simple dharma path. He wants people to put sutras aside and not to limit their lives with religious rules. As long as we are always grateful, we can practice Buddha-dharma everywhere. As Lama Norbu explains it, the word "Lama" is made up of La, "supreme" and ma, "mother," which when combined, means "Supreme Mother." His understanding of this term reinforces the emphasis on female spiritual awakening in his book, "Love Sutra Lama." He now transmits the precious tantric Shiva Garuda Dharma (otherwise known as the Phoenix-Agape Practice) around the world. The aim of this practice is to help people understand secrets of the spiritual world and to transcend the troublesome predicaments of worldly life.

About the Author

Lama Norbu, master of vajrayana and adept in Supreme Yoga Tantra, grew up in a matriarchal society near Lugu Lake (in the region of Shangri-La). In childhood he absorbed the Buddha-dharma from his father, who was also a lama. Later he traveled to India and was ordained as a monk in Sera Monastery. Throughout his journey, he endured social unrest, poverty, and hunger, all of which propelled him to seek ultimate liberation.

He received teachings from numerous, distinguished teachers and became thoroughly rooted in the Tibetan Buddhist tradition, having completed his Geshe studies (equivalent to a PhD.) Under guidance from his master, he lived in Taiwan and Singapore prior to moving to America in 2001. He currently serves as spiritual advisor and administrator of the New Century Foundation (U.S.A.).

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Excerpt

"Just when I was starting to look for a teacher, Norbu Lama showed up. With his good heart, keen sense of humor, and limitless curiosity, we became fast friends. His story is a great one and marks the beginning of his real work as a bridge between peoples."

—John Montgomery (California Attorney at Law)